

I am Kannan 36 year's old working as a Mechanical Engineer in anMNC,I went to UK in the year of 2006. Life was going well before my fall down in one of the streets in UK. I got severe Knee pain and NHS struggled to find out the diagnosis of my swelling on the Knee. When I came to India for Holidays in 2007 I was diagnosed with Rheumatoid Arthritis. I returned to India in the year 2008 as the UK climate was not suitable for my disease. From 2008 to 2009 I was walking well with Physiotherapy exercise and I took other medicines instead of Allopathy.

Unfortunately I had a small scooter accident in the end of 2009 and I made a mistake not seeing a Orthopedic Surgeon that time. Then for two years I did only exercise in order to get my knees better. But every effort made me more pain full and I could not walk. I could not move anywhere and my mobility was restricted. I had severe pain. Normal life affected both in career and personal life. Life was very dull.

Then I decided to meet the Surgeon. I consulted with many people to find a best surgeon who should be aware of the latest technologies and finally I met Dr. Vijayarajat the end of September. At the first appointment he reviewed my history and took X-rays .He explained about my condition Severe Rheumatoid arthritis both knees with 70 FFD (Fixed Flex Deformation)left knee and 45 degree FFD right knee and the only solution is a Total Knee replacement. I started believing that I can walk once again after meeting DrVijayaraj.He gave me assurance that I can walk better without pain.

Apart from the diagnosis he recommended to see a reputed Rheumatoid Doctor in order to control the disease and to get ready for the Operation. I took periodical Blood check up and I started proper medication as per Doctor Advice. I used to consult DrVijayaraj every two months and update my health. He counseled me very well so that I should get ready for the Operation without any mindset.

Total Knee Replacement (TKR) for RA patients is always a challenge and due to his previous experience and expertise he advised me to do one Knee at a time and after the healing of the same we will start the next, In March 2012 by Gods grace My surgery wenton well in Vijaya Hospital and Dr.Vijayaraj completed this risky operation in 5 hours. I am very happy to see my leg getting straightened after two days from operation. He advised me to take rest and do physiotherapy exercises for the next 6 weeks and get ready for 2nd leg Operation.

In May 2012 my2ndKnee was replaced and this time DrVijayaraj operated my knee in Kumaran hospital and this operation went well and I started to believe that I am going to walk like old days. I look taller in the mirror and smile is back.

Dr.Vijayaraj advised me to do exercises and he referred to see a senior Physiotherapist for this task. I have been doing exercises for the last 2 weeks and feeling much better and my trunk is slowly getting straightened and my knees are feeling good.

Dr.Vijayarajused to call me every two weeks and I am appraising my condition. I would sincerely recommend Dr.Vijayarajto any other patients who are suffering with any Joint Pain. He is very good in diagnosing a problem and the approach is very methodical& professional and he cares about his patients.